

## Action Drawing

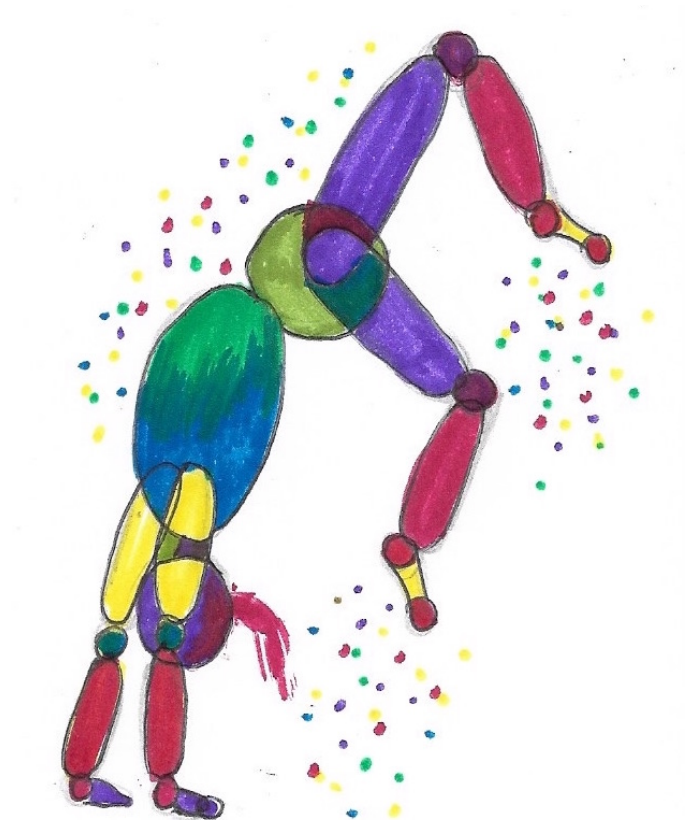
Senior (9-12 years)

### What we are going to do:

Create a colourful drawing of an Olympic athlete in motion using simple shapes.

### What you will need:

- Paper (white or coloured)
- markers or pencil crayons
- pencil and eraser
- pen



# Olympics



The Olympics are an exciting time to cheer for your country, as well as see other countries showcase their talents. 205 countries participate in the Summer and Winter Olympics, with over 28 sports included in the Summer Olympics. Unfortunately with the Olympics being postponed this year we have to wait another year to enjoy watching history being made.

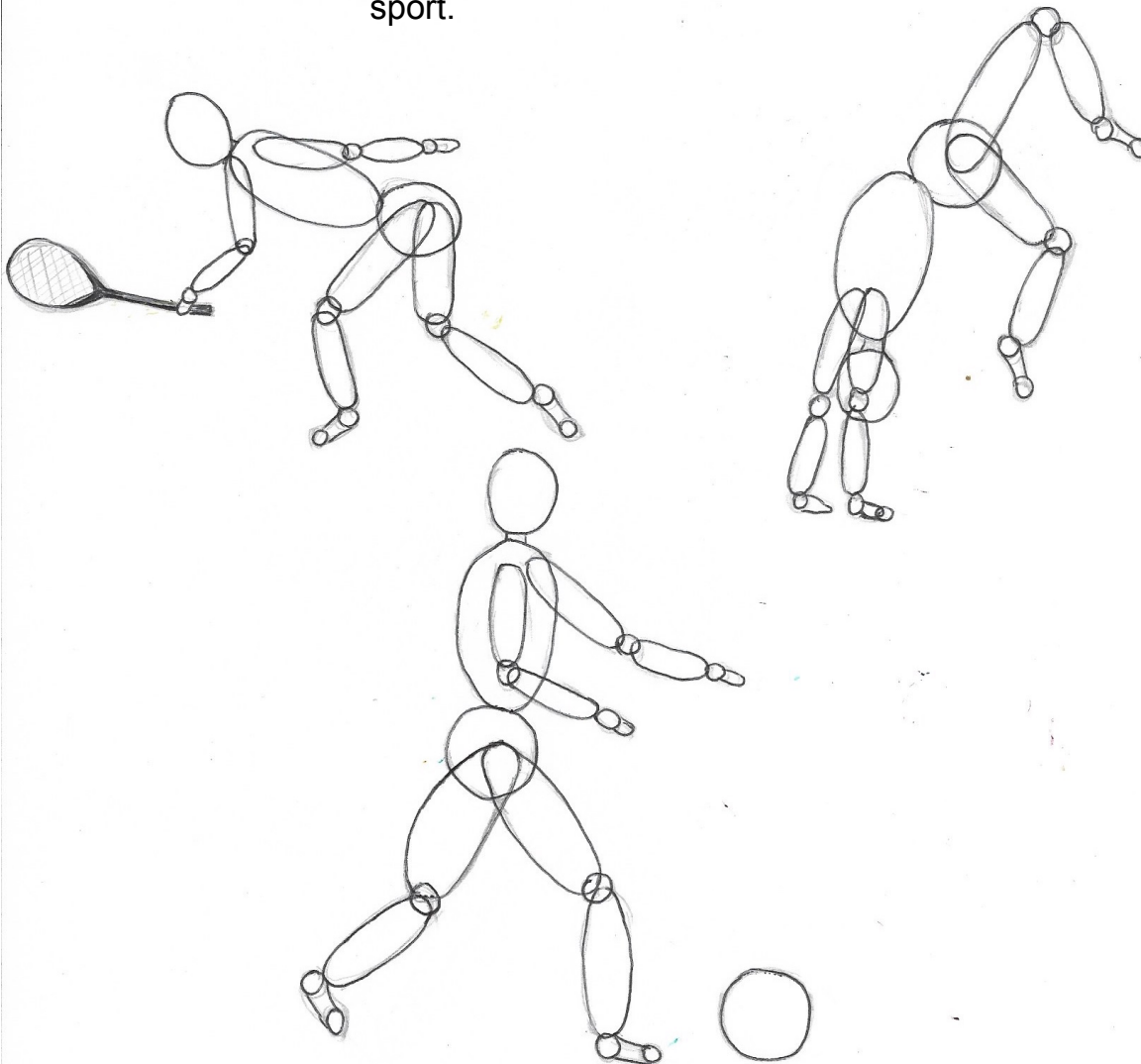
With our art activity this week we get to celebrate the Olympics and create an artwork inspired by movement and sport!

# 1

## CREATE THE ACTION

The first step for your drawing is to decide what action you want your Olympic athlete to be doing. What is your favourite sport to play or watch? If you can, find a picture of that action to help with your drawing. You can choose to do one action or multiple actions on your piece of paper.

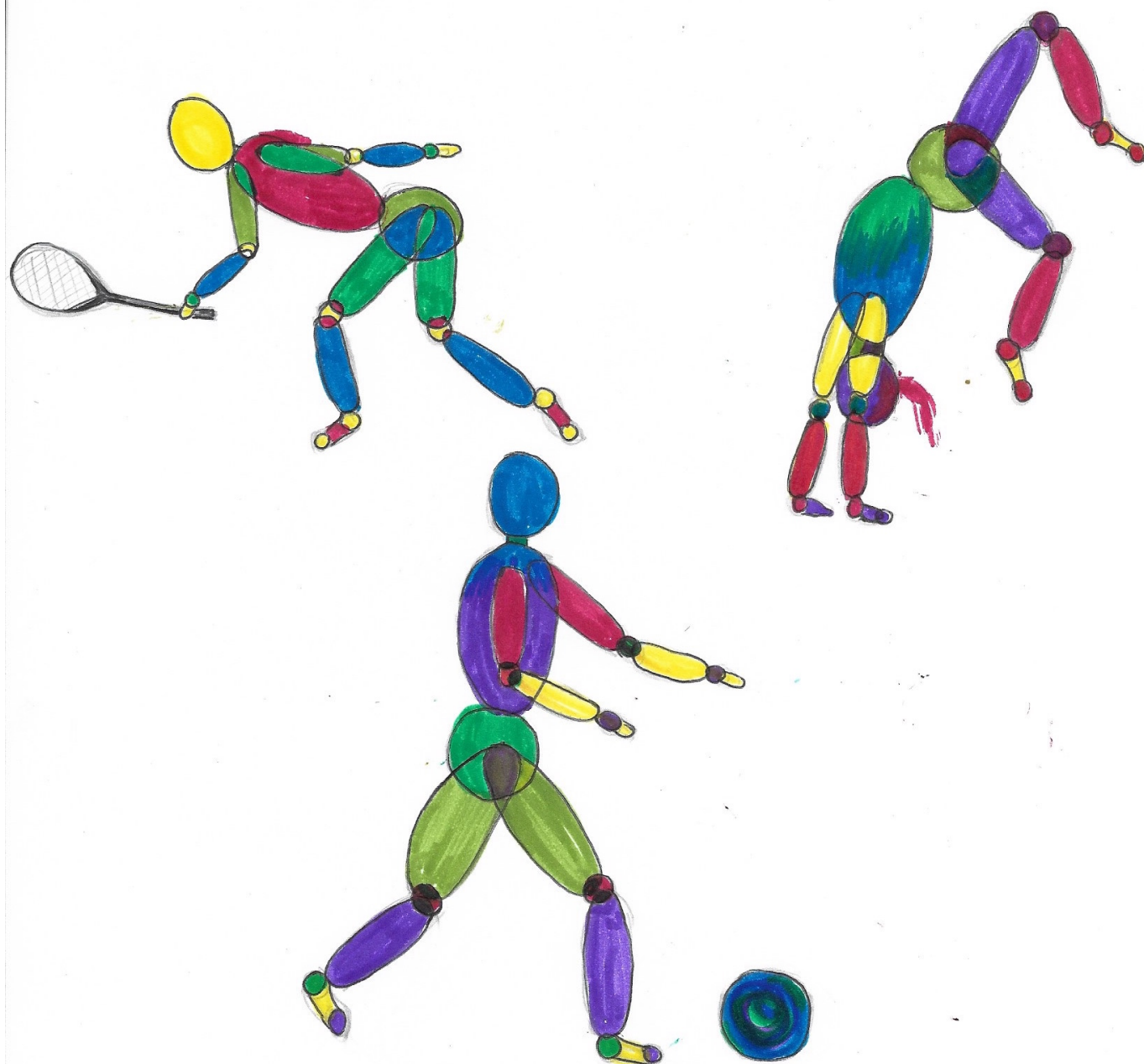
With a pencil and eraser we are going to create the action using ovals and circles. An easy way to get the proportions right is to compare the size of your arm to your legs and your torso to your head. Use a range of sizes of ovals for your arms (forearm and upper arm), legs (thigh and calf), torso and head. Use circles for your joints. Take a look at the examples below. Your figure doesn't have to look perfect; with this activity the most important part is to show action. Include any equipment your athlete might use in their sport.



2

## ADD COLOUR

Now it's time to use your imagination! Use colour to fill in the space of your figure. You can choose to use a variety of colours with markers to fill in the space, and also chose to fill in each space a different colour. This method emphasizes the action taking place. You may choose to stick with just one colour or multiple colours. Feel free to erase some lines if you want to make the figure look more realistic. If you want you can add hair or any other details go ahead and do so.





3

## SHOW THE MOTION

Now you're ready for the final step! Add dots to show the motion of the action being created. Which way is the athlete moving? How much force are they using? When your adding the dots think of these questions.

